

*Just for
you!*



Work life coaching program!

Work life coaching just for your needs!

Welcome to work life coaching program! We are ready to assist you in building your personal path to find a job, a place to study, a work trial place, or maybe a paid subsidy employment. During the program you will be assigned to a personal work life coach to ease the process.

Are you looking for a quick route for finding a job? In coaching we focus on how you market your special skills, we help you to find networks and build employer relationships. You will also learn about online tools to find the right employers, you will design an appealing CV, we will cover the communication skills you need, and a lot more. Duration of the training is up to 4 months.

For those of you who are thinking about how to face the challenges of working life: We support the transition to and staying in the labour market. In coaching, we also take into account possible health constraints and learning problems. Duration of the training is up to 10 months.

How to enter the program:

Agree on your participation in your employment plan, which you will draw up together with an expert in TE Services. Sign up for coaching via the registration link you received in the employment plan. When you are interested in this program, you can also leave your contact information for TE-services through E-services and you will be contacted.

Program content example:

- ✓ Goal-oriented job search plan
- ✓ Appealing CV
- ✓ Guidance on today's job search tools
- ✓ Interview sparring with your personal coach
- ✓ Employer networks
- ✓ Clarifying your training or career path
- ✓ Helping you create a video presentation
- ✓ The exact content depends on your situation and needs!

Participation locations and tools

Lappeenranta, Imatra, Kouvola, Kotka, Hamina. According to customer needs, also in other places in South-East Finland. As a face-to-face service or via a visual remote connection. The service may also include guidance by phone and email.

Contact, Aamos Group Oy

Information about the program:

www.aamos.fi/tvp/kaakkois-suomi-tyohonvalmennus

Email: tyohonvalmennus.kaakkois-suomi@aamos.fi

Phone: [0440 972 143](tel:0440972143)

Let's work together to find your new employment place or further education!



Funded by: Kaakkois-Suomen ELY-keskus
<http://www.ely-keskus.fi/web/ely/ely-kaakkois-suomi>



Aamos Group Oy
www.aamos.fi



TE-palvelut
tjänster | services
<https://toimistot.te-palvelut.fi/kaakkois-suomi>