

*Just for you*



## Work life coaching program

Work life coaching helps you to get further faster!

**Welcome to work life coaching program!** We are ready to assist you in building your personal path forward in case you need to find a job, a place to study, a work trial place, or maybe a paid subsidy employment. During the program you will have assigned personal work life coach to ease the process.

**Are you looking for a quick route to find a job?** During the program we cover topics that improve your job search. You might wonder how you market your skills, or where to find right network and build employer relationships – these are topics where we can help. You will also learn online tools to find the right employers and based on your needs we can help you with designing an appealing CV, improve your written communication or how you could prepare yourself for a job interview.

### Topic of the program might include:

- ✓ Discover your strengths and abilities
- ✓ Goal-oriented job search plan or training needs
- ✓ Appealing CV and today's job search tools
- ✓ Employer expectations and ways of recruiting
- ✓ Interview sparring and video introductions
- ✓ Work trial possibilities, card trainings
- ✓ Employer networks and relationships

The exact content depends on your situation and needs!

### Program helps you with:

- ✓ Finding a job, a place to study, a work trial place, or a paid subsidy employment.
- ✓ Supporting you during your employment, and how to make a job contract and take best out of the orientation period.
- ✓ Discover ways to make an appealing job application and other documents, how to make employer contacts and introduce yourself in job interview.
- ✓ Familiarize yourself with other services that help you out on getting a job.

### Who can participate?

All job search customers that are either customers of Pohjois-Savo TE-office or municipal experiment.

**Place:** Käsityökatu 41 70100 Kuopio  
2 floor, room 217

In other locations the meeting place is agreed with the customer.

### How it is implemented?

As a face-to-face service or via a visual remote connection. The service may also include guidance by phone and email.

Information about the program:

<https://aamos.fi/tvp/pohjois-savo-tyohonvalmennus/>

Email: [pohjois-savo@aamos.fi](mailto:pohjois-savo@aamos.fi)

*Let's work together to find your new employer or further education!*



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