

*We're here  
for you!*



## Strengthened to work (Vahvana työhön!)

The career coaching tailored to your needs.

We have already helped countless people find a new direction in life – are you next? Together, we define your next career step and navigate it together – whether it is via studies, an internship or work. Your coach is genuinely there for you every step of the way: Listening, supporting, and finding pathways and solutions with you.

### Your coaching path of up to 9 months:

- ✓ **Phone Call:** We will get in touch with you, get to know each other, and agree on the start of the service.
- ✓ **Initial Assessment:** We identify your skills, strengths, resources, and life situation.
- ✓ **Exploring Suitable Career Options:** What interests you, what would be a good fit for you (employment, trial, education), etc.
- ✓ **Creating a Plan:** Together, we find the appropriate methods to advance your chosen career direction.
- ✓ **Updating Your Job Search Skills:** Together, we work on job application documents, interview skills, etc.
- ✓ **Progressing Your Situation:** Your coach is with you every step of the way with visits to potential workplaces, finding solutions and pathways that lead you towards your goal.
- ✓ **Follow-up Plan:** You'll get out of the coaching with a clear and concrete action plan to conquer your future goals.

### Your coach is at your side...

...when you need to contact or visit potential employers, educational institutes.

...for regular and confidential online or face to face meetings.

...when you are preparing for interview situations of all sorts.

...when you are figuring out subsidized pay, how to get into a job training program or other alternative pathways into employment.

### Register

Register for the service using [online form](#) or by submitting a contact request in the TE service's self-service.

### Your coach / more information

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